



# Pieceful Pastimes

Mississauga Quilters Guild  
January 2023

**Next Meeting: Thursday Jan 5 Virtual via Zoom**

**Following Meeting: Thursday Feb 2**

**Room opens at 7:00 pm**

**Meeting begins at 7:30 pm**

Mailing address:

16-1375 Southdown Road, PO Box 804

Mississauga, Ontario L5J 2Z1

[www.mississaugaquiltersguild.ca](http://www.mississaugaquiltersguild.ca)

## Message from the President

I hope everyone enjoyed the holidays. I need to spend more time in my sewing room, away from the leftover goodies.

January 5th will be a virtual meeting starting at 7:30. Our Speaker is Joanna Dermenjian, an independent researcher exploring the history of the 400,000 quilts, made by Canadian quilters during the Second World War for families in Europe.

We still need Program and Workshop coordinators. These positions don't require a lot of time, the internet and email have made these jobs much easier by eliminating telephone tag etc. Ruthie and Paula have written a description of what has to be done, they have even written out some suggestions for speakers. Next year will be a very boring year if we don't have speakers at our meetings or workshops. **Please consider these jobs.**



Since Tomken Arena will start renovations after March break, we will be holding our in-person meetings for April, May and June at Huron Park Community Centre. Huron Park Community Centre is in the Mavis and Dundas area. We will provide more information later.

Looking forward to seeing everyone on Zoom.

*Marie Starr - President*  
[presidentmqg@gmail.com](mailto:presidentmqg@gmail.com)

### Important Note: ←

There are **2** workshops this month – one on Friday, January 6<sup>th</sup> the other on Saturday, January 7<sup>th</sup>. **Both workshops are with Christina Cameli.** I've taken inspiration from her book, [First Steps to free-motion quilting: 24 Projects for Fearless Stitching](#), and was delighted to learn that Ruthie had lined up not one, but two, workshops, with this author and quilter. As words of inspiration, Christina concludes her Introduction with, "You're ready. Take a deep breath, get in there, and amaze yourself." Hope to see you, feeling fearless, at the MQG first workshops of 2023. For more details, see page 4 of this newsletter. SV

### January Meeting Reminders:

- Items for Show and Share -- please email photos along with consent form to [mississaugaquiltersguild@gmail.com](mailto:mississaugaquiltersguild@gmail.com)
- Your favourite hot drink and treat – any holiday leftovers?
- Check that you can "mute" yourself during a Zoom meeting

## Mississauga Quilters Guild 45th Anniversary Gala - Thursday, November 2, 2023

Fine Dining! Door Prizes! Live Music!  
Guest Speaker!  
\$60 for Members (present and past)  
\$70 for Guests  
(NO increase from the 40th  
Anniversary Gala, and the Tax and  
are Tip included)

Guest Speaker - Kathy Wylie,  
International Award-Winning Quilter  
and Designer <https://kathykwylie.com/>  
Musical Guests - King Davis  
<https://kingdavistheband.com/>



Tickets on sale February 2, 2023, please consider your dinner choice: Beef, Chicken, or Fish (more information to come)

Please direct inquiries to: [mississaugaquiltersguild@gmail.com](mailto:mississaugaquiltersguild@gmail.com)  
**Darlene Jenah, 45th Anniversary Gala Coordinator**

## CALL FOR ACTION!!!

As Guild members have heard many, many times over the past couple of years, we are in DESPERATE NEED to fill 2 key positions on the Executive Committee: Program Coordinator, and Workshops.

Without these 2 positions filled, the Guild will have no programs for you to enjoy, and no workshops to grow your skills and creativity. Paula Lee-Len has lined up great speakers for the balance of the Guild year, and Ruthie Snell has scheduled workshops until the early fall. Then it ends. Please note that the November meeting will coincide with our 45th Anniversary Gala, and the Guest Speaker is already arranged. So there's one month done!

Paula has provided a list of speakers and teachers, both local and international, so she's already done the hard part. All you have to do is step up and say you want to keep the energy going!

Please contact me if you're interested in learning more about either of these positions

**Darlene Jenah**  
[dajquilts@gmail.com](mailto:dajquilts@gmail.com)

## Community Outreach (Core)

Happy New Year from the CORE group.

We would like to thank everyone who donated to our CORE table, whether it was a quilt, placemat or pillowcase. Our deliveries were very much appreciated. Also, thanks to those who took home quilts to be completed. This helped empty the cupboard in preparation for the arena shut down. Please return them at the April/ May in person meetings.

Workshops will still run during January, February and March. We will be preparing placemat and pillowcase kits for distribution in the spring.

We will have access to batting and backings in 2 locations, north and south Mississauga. Please contact us if you need supplies and we will see if we can provide. If you have fabric donations, Please contact Mary Beth Filegan 416 577 2147.

We will have a sale table at the April and May meetings for some spring and summer shopping.

Thank you again for your continued support of our community partners.

Mary Beth, Sandra, Wendy, and Kathy

Mary Beth Filegan, *CORE Coordinator*  
[mbfilegan@rogers.com](mailto:mbfilegan@rogers.com)

## Program

### **January 5, 2023 – Joanna Dermenjian - Virtual Canada's Forgotten Wartime Quilts**

Did you know that Canadian quilters made over 400,000 quilts in World War 2 for families in Europe? The story of the quilters and these quilts are at risk of being lost to history. However, Joanna Dermenjian of Suture and Selvedge is an independent researcher who is working towards rediscovering the truth behind the Canadian women. Joanna will be talking about her research and the important contribution these women had to world history.

### **February 2, 2023 – Beth Helfter, EvaPaige Quilt Designs - Virtual Oompah Accordion Sewn HSTs**

Beth's penchant for scraps and her need to use as many fabrics as possible in her quilts led her to develop the Accordion Sewn HSTs™ method of creating half square triangles that don't have a match and yet waste no fabric. Delving into the method further, she discovered "ordering" the accordions could lead to the creation of whole blocks and quilts from a single accordion.



### **March 2, 2023 – Corey Ralph, Sew Manly Quilting - Virtual**

Corey (B.Bus, E.Ed, MBA, RMT) found quilting in the fall of 2014 when he needed an outlet for his creative side. He was inspired after seeing his mother completed/built a pinwheel quilt with love and passion some years earlier.

### **April 6, 2023 – Rose Parr - Physical Healthy Quilting**

Rose Parr can relate and wants to be a pain-free quilter for as long as she possibly can. Her studies of wellness and ergonomics are integrated into her daily studio practice, and she shows us how to do it, too. What inspires you to create?

### **May 4, 2023 – Millie Cumming, Fibre Artist - Physical Making your own quilts more personal**

Millie made her first attempt at textile art during late nights looking after her newborn son. Beginning with an applique course, Millie has gone on to acclaim in the world of Art Quilts. Her textiles are not of traditional patterns, but creative interpretations of subjects close to her heart. Delicacy and a demanding perfection mark her work, tinged with a sweet nostalgia for nature, memories and cottage life.

Paula Lee-Len, *Former Program Convenor*  
[pjhappanleelen@gmail.com](mailto:pjhappanleelen@gmail.com)

## Workshops

Five **Zoom** workshops have been scheduled for 2022-23, and one for this fall. They will all start at 10AM, and cost \$50:



### Friday January 6th, 2023, Christina Cameli - **Free Motion Compositions**

[www.christinacameli.com](http://www.christinacameli.com)

Learn how to make attention - getting free motion compositions to enhance negative space in your quilts.

Christina Cameli has been sewing since she was a child. On her website, she shares, "In 2003 I fell in love with quilting. Since then I've authored five quilting books, filmed multiple online classes and designed quilt patterns and fabric. But I'm also a nurse-midwife, a mom and a paddle boarder."



### Saturday January 7th, 2023, Cristina Cameli - **Scrappy Quarter Cabins**

[www.christinacameli.com](http://www.christinacameli.com)

A single quilt block to use up your scraps in style! Get instructions for color choice as well as piecing and a pattern for assembling the quilt.

### Saturday February 4, 2023, Beth Helfter - **Intro to Accordion Sewn HST'S (half square triangles)**

[www.evapaigequilts.com](http://www.evapaigequilts.com)



In this three-hour workshop, you will learn the basics of Accordion Sewn HSTs™, the innovative and incredibly fun method of making HSTs invented by Beth Helfter of EvaPaige Quilt Designs. We will practice with fabric scraps, then create a quilt block.

#### **From Beth: Why take the Intro to Accordion Sewn HSTs™ Workshop?**

The Accordion Sewn HSTs™ method came to me almost in a fever dream, and since then I've been on a mission to bring it to groups everywhere, showing the cool things it can do, from scrappy to ordered accordions that create a block practically in one fell swoop. In this class, you will learn the basic technique, and apply it to an ordered accordion block. We will take it one step further and learn Accordion Sewn QSTs™ too! So much fun!

Saturday March 4th, 2023, Christina de Miranda -  
**Fundamentals of Foundation Paper Piecing - Lara's Hymn.**

[www.shipsandviolins.com](http://www.shipsandviolins.com)



Saturday, April 15, 2023: Robyn Baumgart - **Crayon Appliqué**

[www.quiltingintheloft.com](http://www.quiltingintheloft.com)

This class explores how to work with a time honoured & classic child's art tool--- Crayons applied to fabric!

In this class you will learn how to apply (appliqué) crayons to solid white cotton & a canning jar vase of flowers. (Design will be provided prior to the class). You will also learn how to set the crayons properly so that the colour is permanent & the colour will not wash out. Outlining of the whole design can be done with permanent black markers &/or free motion quilting. Robyn will demonstrate all techniques so all skill levels can attend this class. These new techniques can be applied to all of your future projects & will allow you to customize almost anything for one-of-a-kind results. So much fun!

**PLUS:** Saturday, October 7th, 2023, Sharon Fisher

**This workshop will be in person!**

When people sign up, Ruthie will ask which one of the following three workshop they want:

1. "Basic Wool Appliqué",
2. "Embellishing Stitches", OR
3. "Beading your Wool Appliqué".

To sign up for one or more workshops, please contact Ruthie. Payment can be made by e-transfer, or by cheque or cash at a face-to-face guild meeting. Contact our treasurer, Sandra Scholsser, for more information regarding payment.

Closer to the date, the Zoom meeting link will be shared with participants. You will also receive a list of what you need to have on hand for the class. No need to lug your sewing machine for these Zoom classes!

*Ruthie Snell, Workshop Convenor*

[Ruthie.d.snell@gmail.com](mailto:Ruthie.d.snell@gmail.com)



## Newsletter

It's always great to get ideas from members to include in the newsletter. Don't hesitate to email your suggestions to [MississaugaQuiltersGuild@gmail.com](mailto:MississaugaQuiltersGuild@gmail.com) or to [sonjavathome@gmail.com](mailto:sonjavathome@gmail.com) (please include MQG in the subject so it doesn't get lost in my inbox).

Thanks,

*Sonja Vandermeer, Newsletter Convenor*

## Block of the Month

### Block of the Month

Thanks to everyone who has been sending in questions and photos related to BoM! It has been so great to see your progress and I'm happy to help any of you whenever you need it!

With the upcoming month of January, we will be making yet another new block for the Summer Garden BoM project!

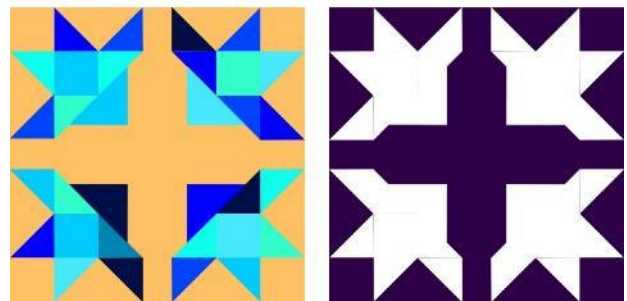
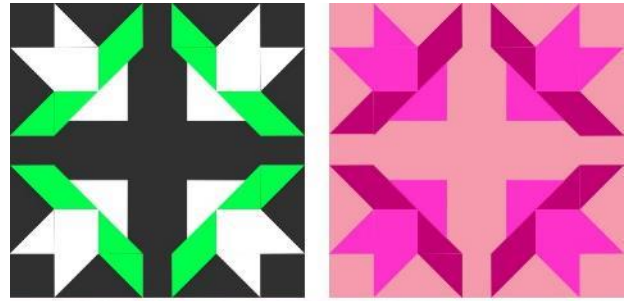
January's block will be Dove at the Window; in my opinion, it's the most challenging block for the year, but don't let that scare you! It uses many of the same basic shapes we've been making all along, including squares, flying geese, and triangles. What makes the block challenging is that it has the most individual pieces of any block, and that it includes a few bias-sewn seams.

As usual, block instructions will be posted on the BoM page of the guild website following the meeting on 05 January! Since the January meeting will be held virtually, I will be planning to attend and am excited to see all of your BoM progress!

If you have any questions while working on your blocks, you can reach out to me through my blog; <https://vafibrearts.wixsite.com/vafibrearts> or via email!

Happy quilting!

*Valerie Herrmann, Block of the Month Convener*  
[herrmann.valerie.anne@gmail.com](mailto:herrmann.valerie.anne@gmail.com)



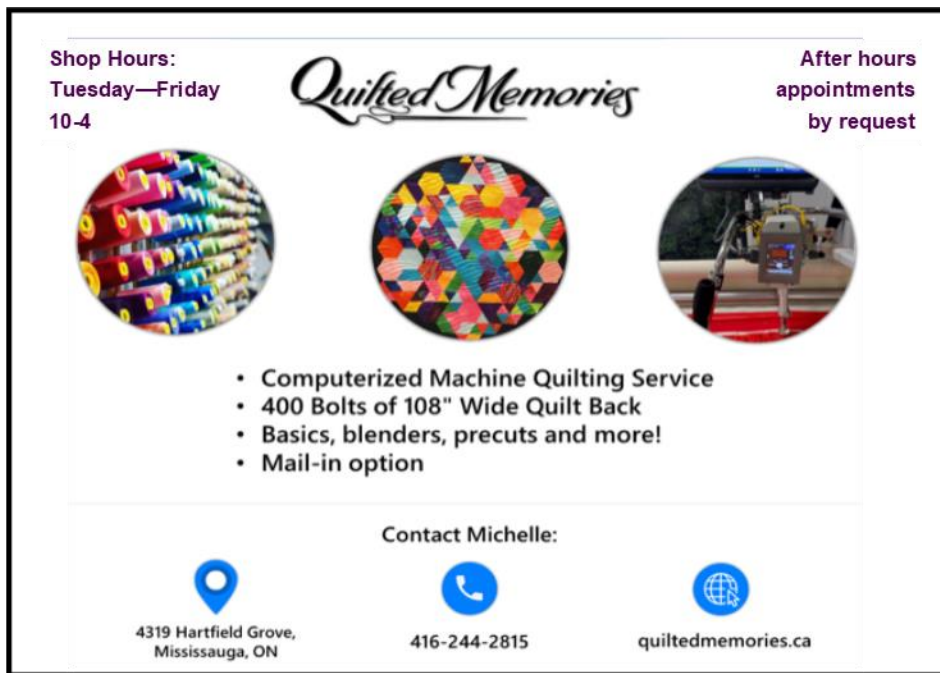
### January's to do list:

- ✓ Plan this year's quilting projects
- ✓ Mark Thursday, November 2, 2023, on your new calendar – our 45<sup>th</sup> anniversary celebration
- ✓ Invite a friend or family member to be a guest at one of the MQG meetings this year
- ✓ Submit a photo for Show and Share – I'm sure many of you gifted amazing things during the holiday season. Send photo and consent form to: [mississaugaquiltersguild@gmail.com](mailto:mississaugaquiltersguild@gmail.com)
- ✓ Continue this year's Block of the Month (BoM)
- ✓ Register for an upcoming MQG workshop(s)
- ✓ Visit the MQG website <https://www.mississaugaquiltersguild.ca>. You have an email with the new password to the "Members only" webpage.

Deadline for submissions to the February Newsletter: January 23, 2023

## Canadian Quilters (CQA)

Check out the website for upcoming lectures. You can find the details about the lectures here: <https://canadianquilter.com/webinars/> . CQA members and non-members can purchase tickets online.



**Shop Hours:**  
Tuesday—Friday  
10-4

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**Contact Michelle:**

4319 Hartfield Grove,  
Mississauga, ON

416-244-2815

quiltedmemories.ca

Sandra Sadvik  
**Zero Waste: The Art of Upcycled Quilting**  
Wednesday, January 18, 2023,  
7:00pm

Carolina Oneto  
**The Power of Color Composition**  
Wednesday, February 15, 2023,  
7:00pm

David Owen Hastings  
**Indigo Dyeing in Japan**  
Wednesday, March 15, 2023,  
7:00pm

**Great Online Resources** – thanks to Darlene Harvey for these suggestions. The MQG Executive agreed to share links to online resources that did not require users to register/sign up/provide any information.

Looking to get more organized this year (and who isn't)? You might find this sewing program planner by Simple Simon & Co. <https://www.simplesimonandco.com/wp-content/uploads/2016/12/Sewing-Planner.pdf> useful to keep track of your various projects. I have a friend who works on one project at a time – I always admire her, but for me, it's multiple projects at once. Maybe I bore easily, but more likely it's that I just can't resist starting on something new.

Another site you might want to visit, particularly if you're a new quilter, is The Crafty Quilter. Lots of great visuals to help overcome some challenges you might be facing: <https://thecraftyquilter.com/tips-techniques/>

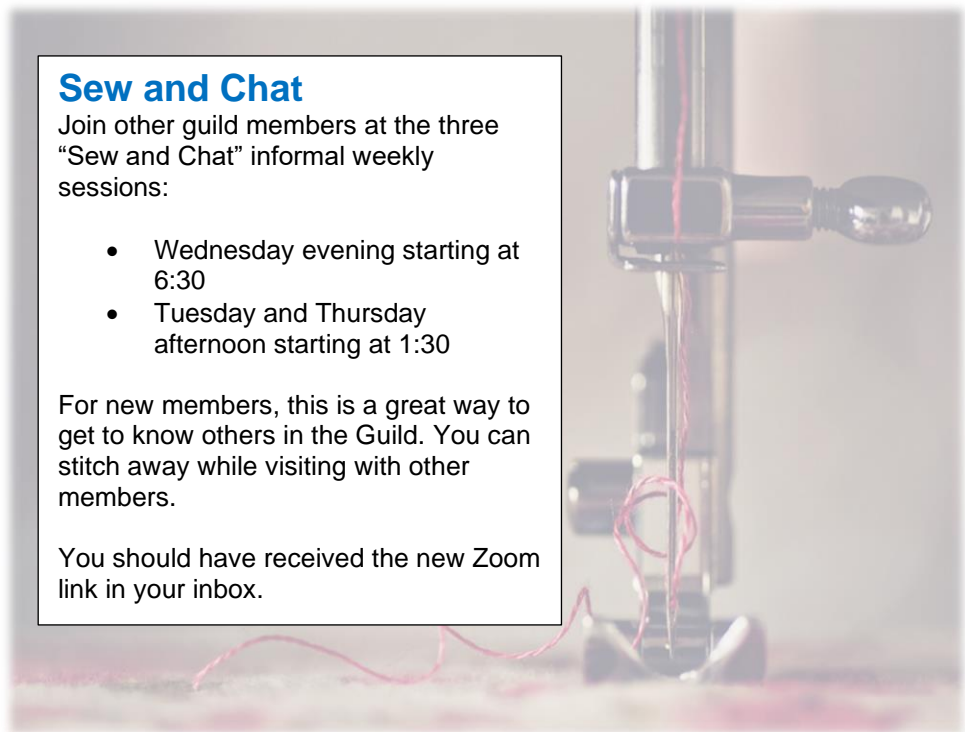
**Sew and Chat**

Join other guild members at the three "Sew and Chat" informal weekly sessions:

- Wednesday evening starting at 6:30
- Tuesday and Thursday afternoon starting at 1:30

For new members, this is a great way to get to know others in the Guild. You can stitch away while visiting with other members.

You should have received the new Zoom link in your inbox.



## Upcoming Events

Please check the website for each event prior to attending for any changes. It's great to see face-to-face shows planned for 2022-23! Thanks to Darlene Harvey for additions to the event list. Know of any other events – please let me know, Sonja Vandermeer.

Dates	Location	Event
December to April on the 2nd Wednesday of the month at 7:30pm	Online	 <b>Pieceful Night Quilters' Guild</b> is offering hybrid/virtual meetings. Check out our 2022-2023 program line up here: <a href="https://www.pnqg.ca/program/">https://www.pnqg.ca/program/</a>
March 24 & 25, 2023 10am – 5pm	Neilson Park Creative Centre, Etobicoke M9C 1V7	<b>Quilt Fever,</b> Etobicoke Quilters' Guild <a href="https://etobicokequiltersguild.com/quilt_show/">https://etobicokequiltersguild.com/quilt_show/</a> <i>Etobicoke Quilters' Guild Show and Sale features an amazing display of traditional to modern quilts and quilt art, daily draws, fabulous door prizes, Pick-to-Win, Members' Boutique, Café &amp; Merchant Mall. Admission \$10.00</i>
April 15 & 16, 2023	Newmarket Community Centre 200 Doug Duncan Drive, Newmarket	<b>A Million Little Stitches Quilt Show 2023</b> Region of York Quilters Guild <a href="http://www.regionofyorkquiltersguild.ca/quilt-show/">http://www.regionofyorkquiltersguild.ca/quilt-show/</a>
April 20 -22, 2023	Pyramid Recreation Centre, 317 James Street South, St. Mary's ON	<b>Piecemakers Quilt Show</b> Huron Perth Quilters' Guild <a href="https://www.facebook.com/profile.php?id=100064659880775">https://www.facebook.com/profile.php?id=100064659880775</a>
April 29-30. 2023	Tiny Township Community Centre, Tiny Township	<b>Reflections of Georgian Bay</b> Georgian Bay Quilters Guild <a href="https://gbqg.ca/gbqg-quilt-show/">https://gbqg.ca/gbqg-quilt-show/</a>
May 26 – 28, 2023	Canadian Lakehead Exhibition Thunder Bay, Ontario	<b>Superior Quilt Show,</b> Thunder Bay Quilters Guild, <a href="https://thunderbayquilters.org/">https://thunderbayquilters.org/</a>
June 2 – 3, 2023	Bracebridge	<b>Pinetree Quilters Guild of Muskoka</b> <a href="http://www.pinetreequiltersguildofmuskoka.com/">http://www.pinetreequiltersguildofmuskoka.com/</a>
June 2 – 4, 2023	Royal Kingston Curling Club 130 Days Road, Kingston, Ontario	<b>Quilts Kingston Show and Sale,</b> Limestone QG / Kingston Heirloom Quilter <a href="http://quiltskingston.org/http://quiltskingston.org/">http://quiltskingston.org/http://quiltskingston.org/</a>
June 8 – 10, 2023	Halifax, Nova Scotia	<b>Quilt Canada 2023</b> <a href="https://canadianquilter.com/quilt-canada-2023/">https://canadianquilter.com/quilt-canada-2023/</a>



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