

March - Flying Goose and Double Goose Units

Select one of the following methods for Three Quarter Square unit construction.

Tip: test each method using fabric remnants to determine which you prefer

Template Pieced Flying Goose Unit

This method makes one unit at a time using smaller pieces, accommodating the use of fabric scraps and remnants.

Pieces are cut using printable templates.

Cutting Instructions:

For one unit:

Fabric A - 1 medium triangle
Fabric D - 2 small triangles

For small quilt: 12 units

Fabric A - 12 medium triangles
Fabric D - 24 small triangles

For medium quilt: 44 units

Fabric A - 44 medium triangles
Fabric D - 88 small triangles

For large quilt: 92 units

Fabric A - 92 medium triangles
Fabric D - 184 small triangles

Piecing Instructions:

Select one medium triangle of fabric A and one small triangle of fabric D.

Place them right sides together with the long side of the small triangle aligned with one of the short sides of the medium triangle. Sew along that side.



Place the remaining small triangle of fabric D with its long side along the other short side of the medium triangle, right sides together.

Sew along that side.



Trim the finished Flying Goose unit to $4\frac{1}{2}'' \times 2\frac{1}{2}''$.

For a small quilt, make 12.
For a medium quilt, make 44.
For a large quilt, make 92.

Proceed to Double Goose unit assembly on page 30.

Tip: templates can be used for English Paper Piecing if desired

Stitch and Flip Flying Goose Unit

This method makes one unit at a time using smaller pieces,

accommodating the use of fabric scraps and remnants, but does produce some fabric waste.

Pieces are cut using quilting rulers.

Cutting Instructions:

For one unit:

Fabric A - 1 rectangle at $4\frac{1}{2}'' \times 2\frac{1}{2}''$
Fabric D - 2 squares at $2\frac{1}{2}''$

For small quilt: 12 units

Fabric A - 12 rectangles at $4\frac{1}{2}'' \times 2\frac{1}{2}''$

Fabric D - 24 squares at $2\frac{1}{2}''$

For medium quilt: 44 units

Fabric A - 44 rectangles at $4\frac{1}{2}'' \times 2\frac{1}{2}''$

Fabric D - 88 squares at $2\frac{1}{2}''$

For large quilt: 92 units

Fabric A - 92 rectangles at $4\frac{1}{2}'' \times 2\frac{1}{2}''$

Fabric D - 184 squares at $2\frac{1}{2}''$

Piecing Instructions:

Select two squares of fabric D.

Draw a 45° diagonal line on the back of both squares, running from corner to corner.



Place one fabric D square on one end of the fabric A rectangle, right sides together with the drawn line facing up.

Sew along the drawn line.



Trim the excess fabric from the corner, leaving ¼" for seam allowance.



Place the remaining square of fabric D on the fabric A end of the pieced unit, right sides together,

with the drawn line facing up and crossing the seam of the pieced unit.

Sew along the drawn line.



Trim the excess fabric from the corner, leaving ¼" for seam allowance.



Trim the finished Flying Goose unit to 4½" x 2½".

For a small quilt, make 12.
For a medium quilt, make 44.
For a large quilt, make 92.

Proceed to Double Goose unit assembly on page 30.

Four at a Time Flying Goose Unit

This method makes multiple units at a time using large squares of fabric, requires yardage or large fabric remnants.

Pieces are cut using quilting rulers.

Cutting Instructions:

For four units:

Fabric A - 1 square at 5½"
Fabric D - 4 squares at 3¼"

For small quilt: 12 units

Fabric A - 3 squares at 5½"
Fabric D - 12 squares at 3¼"

For medium quilt: 44 units

Fabric A - 11 squares at 5½"
Fabric D - 44 squares at 3¼"

For large quilt: 92 units

Fabric A - 23 squares at 5½"
Fabric D - 92 squares at 3¼"

Piecing Instructions:

Select four squares of fabric D.

Draw a 45° diagonal line on the back of each square, running from corner to corner.



Place two squares of fabric C in opposite corners of the large square of fabric B, right sides together with the drawn lines facing up and aligned to form one long diagonal line.

Sew ¼" to either side of the drawn line, then cut along the line to separate the pieced units.

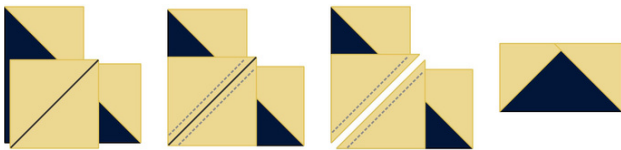


Tip: to reduce bulk in the seams, cut off the overlapping corners of the small fabric D squares before sewing

Double Goose Unit

Place one of the remaining squares of fabric D on the fabric A corner of the pieced unit, right sides together, with the drawn line facing up and crossing the seam of the pieced unit.

Sew $\frac{1}{4}$ " to either side of the line.



Cut along the drawn line to separate into two units.

Repeat with the remaining pieced unit and fabric C square.

Trim the finished Flying Goose units to $4\frac{1}{2}$ " x $2\frac{1}{2}$ ".

For a small quilt, make 12.
For a medium quilt, make 44.
For a large quilt, make 92.

Proceed to Double Goose unit assembly.

Units are pieced one at a time using two Flying Goose units, one pieced in November and one from March.

No additional cutting is required.

For one unit:

Units - 1 November Flying Goose
1 March Flying Goose

For small quilt: 12 units

Units - 12 November Flying Geese
12 March Flying Geese

For medium quilt: 44 units

Units - 44 November Flying Geese
44 March Flying Geese

For large quilt: 92 units

Units - 92 November Flying Geese
92 March Flying Geese

Piecing Instructions:

Select one November Flying Goose unit and one March Flying Goose unit.

Place them right sides together with the seams aligned and sew along the long side with the small triangles.



Trim the finished Double Goose unit to 4½”.

For a small quilt, make 12.
For a medium quilt, make 44.
For a large quilt, make 92.