

How to Make Stretch Knit Loops - Kathy Wylie

The face mask pattern I am using calls for 7-inch lengths of elastic. With elastic in short supply, I tried to think of other options. Dana, at MadeEveryday.com, posted a tutorial on making a mask with stretch knit ties. I wanted to make the style of mask with loops that went over the ears, and wondered if stretch knit would work instead of elastic.

Not having any stretch knit fabric on hand, I decided to cut up a men's t-shirt! Here's how.

1. Cut the hem off the bottom of the t-shirt.



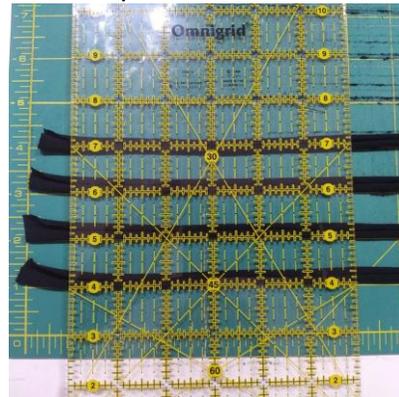
4. Stretch the fabric along the length of the strip until it curls.



2. Cut open the side of the t-shirt up to the sleeve.



5. Cut the curled strips into the desired lengths. If desired, cut apart the sleeves for more strips.



3. Cut the t-shirt into 1-inch strips along the bottom edge.

